# The Roxmore Rocks

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#### Remembrance Day

This year Remembrance Day is going to look a little different. Classes are marking the occasion in different ways. They will be participating in a virtual ceremony from their individual rooms. Unfortunately, we can not have any outside visitors at this time, so parents, guardians, grandparents and friends are not able to come and remember with us this year.



## Pick-Up and Drop-Off

If you are dropping off or picking up your student from the school at the beginning/end of day, it is done at North Stormont Place next door. You enter via the North Stormont Place driveway, and follow the drive around behind the building, lining up behind any other cars there. When you reach the front of the line, the staff member there will receive or give you your students. Please wait until you are the front vehicle to let your kids out unless otherwise indicated by the staff member. We also ask that you do not drive around the cars in front of you but wait patiently to drive out when you are the front car as we want to keep all of our students safe. We do ask that you let the school know by noon if you are picking up your child(ren) at the end of the day. During the day, you can buzz the front door. Thank you for your cooperation!

## Staff Contact

We love to keep in contact with home and realize that it can be a challenge without agendas going back and forth. If you are looking for the email address of a Roxmore staff member, you can find it on our website under Our School – Staff Directory, or you can follow this link: <a href="http://roxmore.ucdsb.on.ca/our\_school/staff\_directory">http://roxmore.ucdsb.on.ca/our\_school/staff\_directory</a>

#### Safe Arrivals

Please be sure to notify the school if your child(ren) are going to be absent or late. You can do this easily on the My Family Room app, or you can call the school and leave a message 613-346-5502.

# COVID and Should My Child Attend School?

Early in October the province of Ontario updated the COVID-19 school screening tool, which helps parents and guardians determine if children should attend school. Our community health partner, the Eastern Ontario Health Unit, has adopted this tool for students as well. The new screening tool now has two sets of questions about symptoms, and next steps depend on the symptoms selected. The tool also has an updated list of symptoms and no longer includes abdominal pain or pink eye. The Ministry of Health made these changes based on how COVID-19 presents in children. Please continue to use this tool on a daily basis to help stop the spread of COVID-19 and to keep all our students and staff safe. Should you have questions regarding COVID-19 and attending school, please contact your local health unit Eastern Ontario Health Unit: 1-800-267-7120 (press "5"). You can follow this link to the EOHU screening tool: https://eohu.ca/en/covid/covid-19-school-screening-tool

#### Flu Season is Here!

With the arrival of flu season, here's a reminder on how you can help stop spreading the flu. The Eastern Ontario Health Unit (EOHU) would like to remind everyone of some simple steps that can help prevent and reduce the spread of influenza.

First is the flu vaccine. It protects you and your loved ones. Increase your chances of avoiding the flu this year by getting your flu vaccine and help stop the spread of infection. Influenza immunization is available through your healthcare provider, at community health centres and participating pharmacies. You can also make an appointment at the EOHU to get your flu vaccine. Visit our website at <a href="https://www.eohu.ca">www.eohu.ca</a>.

Then there's the importance of hand hygiene and coughing etiquette. Washing your hands properly will help prevent the spread of infections. Remind your kids to wash their hands before and after handling food, before and after eating, after using the washroom, as well as after blowing their nose, sneezing or coughingKeep in mind that viruses and bacteria can also be spread through the air when an infected person coughs or sneezes. It's therefore important to cough and sneeze into your sleeve (not your hands) or cover your mouth and nose with a tissue. Throw away used tissues in the garbage and wash your hands well. And remember – keep your children home from school when they're sick!

~EOHU