

# The Roxmore Rocks

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## **Break the Silence!**

Every October Children's Aid Societies across the province work with boards of education and schools to raise awareness about the rights of children and youth to safety and well-being, and the responsibility of adults and community services to help children and youth who need support. On Ontario Dress Purple Day, we join together to celebrate this community that cares for kids. Last year thousands of students and teachers in schools across the province participated in the day. This year Ontario Dress Purple Day will take place on Tuesday, October 27, 2019.

## **Fire Prevention Week**

October 4<sup>th</sup> to 10<sup>th</sup> is Fire Prevention Week. It's a good time for families to make an exit plan for their homes, and to practice them with all members of the family. This is also the week to test your smoke detectors and carbon monoxide detectors, changing all the batteries to fresh ones.

## **October is Children's Vision Month**

In light of Children's Vision Month, the EOHU is reminding parents to book an appointment with an optometrist every year for their child's vision exam. The exam is free of charge as OHIP covers an annual full comprehensive eye exam for children that are 19 years old and younger.

Besides helping to ensure that your child's vision is developing as it should, eye exams can also help your children reach their full potential at school. It is estimated that 15 000 children in Ontario have trouble learning to read just because they need glasses. And sadly, 7 000 lose the use of an eye because they were not treated promptly for an eye problem.

To learn more about what a comprehensive eye exam includes, check out the Canadian Association of Optometrists' *Children's Vision Month* webpage, at <https://opto.ca/childrens-vision-month>.

## **Reading Challenge**

Do you remember our reading challenge??? We are at 4720 books!!!!

You do the math - how many more books until 5000????  
....and....when we get to 5000 we are going to celebrate with ice cream!

## **Nut Sensitive and No Scents Environment**

We have students at Roxmore who have severe, life-threatening allergies to nuts. Please do not send any foods to school which contain or "may contain" nuts. This includes nut substitute products. We are also a Scent Free environment. We are asking students, staff and parents to be aware and not use scented products in our school. There are students and staff that are allergic to perfumes, cologne, hairsprays and other strong scents. Thank you for helping us to keep our school a safe environment in which to learn!

## **Terry Fox Run**

Terry Fox is near and dear to all our hearts. Roxmore will be running for Terry on October 9th. We invite our students to dress up as superheroes on that day!! Each class will be running on their own to allow us to respect physical distancing. This year we will not be collecting money for the Terry Fox Foundation at the school. If you would like to donate on Roxmore's behalf we ask you to do so online at the following link:

<https://terryfox.org/schoolrun/>

## **Pick Up and Drop Off**

When dropping off your student(s), you need to turn into North Stormont Place (the community centre beside us), follow the lane around the back of the building, and drop off your student(s) with the staff member there when you get to the front of the line. Pick ups will follow the same procedure as drop offs. You will follow the arrows and wait behind North Stormont Place. The children will be grouped by families and will be dismissed to the "front" car one family at a time. Please make sure to let the office know of pick ups before noon. Thanks for your patience.

## **Start Your Day Right**

Make health screening part of your morning routine using the new provincial COVID-19 health screening tool. This interactive tool is voluntary, but can help parents decide if their child should attend school:

<https://bit.ly/33GzbHS>.

## **Absence Reporting**

When you are reporting your child absent please be specific about the reason why - you can leave that information on My Family Room or on our voice mail - for example, let us know if your child is away for an appointment, personal reasons or illness.

Thank you for your help.